WADER SAFETY

1. Choose the right waders: felt-bottom soles for rocky bottom streams and cleated soles for mud or sand. Wear a wading belt with chest waders.

2. If your waders fill with water, don't panic...and don't try to take them off in the water.

3. In calm water, wade or swim to shore.

4. In fast-moving water, ride the current: pull your feet up in front of you and point your toes downstream. When you reach calm water, go ashore and empty your waders.